# **Spring 2023 Enrichment Class Descriptions**

# **Acting Through Film & TV**

A highly interactive performing arts program that teaches the fundamentals of on screen acting. Students will create their own commercials and work on scenes from real TV and film projects. Through the use of fun improvisational games, acting exercises and scripted material, our young actors expand their creativity, boost their self-esteem and become more confident when speaking in public. Brought to you by The Actor's Place, owned and operated by acclaimed TV, Film and Broadway actress Caryn Richman. Theactorsplace.net

### Band Beginnings & String Start with Ms. O

This fun class is open to all 3rd-5th grade PVPUSD students who would like to begin to explore a band or orchestra instrument. Students must bring their own instrument to each class which is held in the PVIS Music room.

### **Breathe & Learn Kids Yoga**

Each week, students will investigate a particular theme which guides our journaling time (drawing and coloring for non-writers!). They will also learn a specific breathing or mindfulness exercise, followed by daily yoga poses which are introduced and practiced through engaging games and activities. We end with a visualization to help students relax and connect back to their breath. Each student will receive a custom journal and create their own yoga flow as a celebration on the last day of class. Taught by Joanie Plake.

### **Chess Club**

We are devoted to promoting the merits of chess among children by using stories, dances, and catchy songs to make the game of chess exciting and easy to understand. Children participating in our program: Develop critical thinking and problem-solving skills; Have better concentration and mental discipline; Gain confidence and have lots of FUN!!! All students in our chess club receive an exclusive Academic Chess workbook, prizes for good sportsmanship and participate in the "BIG TOURNAMENT" on the last day where all kids take home a prize!

### Chorus (7:15am Class – siblings not in the class cannot be dropped off early)

Come join Ms. Faith on a musical journey through movement, rhythm, and melody. First the students develop a strong sense of timing by using the whole body to feel the music. They will learn to sing, harmonize, and work together in a collaborative, creative environment inspired by music therapy techniques.

#### **Communicate With Confidence**

This class will focus on the essentials of clear, effective, and powerful communication. Students will learn to craft and structure speeches, manage nerves, and express themselves distinctively and successfully. They will also explore and develop the skills of persuasive debate. Our young orators will have a great deal of fun while finding their creative voice and gaining confidence and ease when speaking in public. Brought to you by The Actor's Place, owned and operated by acclaimed TV, Film and Broadway actress Caryn Richman. Theactorsplace.net

#### electriKIDS Hip Hop

Show your school spirit and cheer for your team! Lean chants, cheers, and dances that are sure to get a crowd fired up. Work on your kicks, jumps, and splits.

# electriKIDS Musical Theatre

Learn a song and dance from three different Broadway shows! The future stars in this class will also learn dialogue, stage direction, and explore costumes and props. The last class of the session will be a special limited engagement performance for family and friends.

### Going Buggy!

Did you know that there are 10 quintillion bugs on planet Earth? Let's get to know some of them! Explore the world of bugs by looking at real specimens (some will be alive!) and learning all about insects and arachnids: how they move, eat, see, smell, protect themselves, and why they're essential to a healthy planet. From ladybugs and butterflies to spiders and scorpions, let's go buggy!

### **Improvisation**

Students will develop their own special and unique creative voice by engaging in active storytelling, movement exercises and character exploration... all thought up in the moment. Using classic improvisation techniques, this class gets kids working together, building confidence, and having a great time! Brought to you by The Actor's Place, owned and operated by acclaimed TV, Film and Broadway actress Caryn Richman. Theactorsplace.net

# Instrumental Ensemble - Band w/ Mr. Perry

In this program, students will play extended band pieces, as well as songs from their favorite movie soundtracks and pop songs. This is perfect for students who are looking for an extra opportunity to play their instruments! Students must bring their own instruments.

# Intro to Choir & Musical Theater (7:15am Class – siblings not in the class cannot be dropped off early)

Your student is invited to be join us as we Spring into before school choir and musical theater. Ms. Anderson will introduce your children to a traditional choir ensemble, two-part harmonies and music reading skills. This class will also include musical theater selections and some stage performance training.

# Learn Band & Strings from the Beginning w/ Ms. Wang

This fun class is for 3rd-5th PVPUSD students who want to start to play an instrument. Instruments are required for the class that will be held at Ridgecrest in Room 102, the Music room.

#### **Music Composition for Film**

Lights, camera, MUSIC! Mrs. Perry will be teaching about the art of foley and film music. During this 8 week session, we will create and compose our very own music soundtrack to a short film. This class is perfect for music and movie lovers! (Foley is the art of adding recorded sounds to video recording in order to improve the overall sensory experience.)

# Music Technology w/ Mr. Perry

Students will explore music technology and get hands-on experience making music in a digital audio workstation (DAW). Loops, midi, and audio will be taught and there will be a culminating project in which students will create their own song.

# On Broadway! at PVIS

Are you Broadway bound? Learn three Broadway numbers while you focus on becoming a triple threat by working on your singing, acting, and dancing skills. The last class will be a "one time only" show for family and friends.

# PV School Gardens Jr Biologists: Backyard Bugs, Blooms, Berries and Bites

Calling all Jr. Biologists! Join PV School Gardens in observing plants and animals and the environments in which they live on the school farm. Experience the magic of spring come alive, as temperatures warm, plants grow, flowers bloom and life returns from hibernation. During this seasonal cycle, we will explore the bounty of the cool season crops and prepare for the warm season, including seed starting, plant propagation, flower beds, strawberry gardening, pollinator habitats, garden tastings, harvesting, and composting. Every Jr. Biologist will build, plant, and bring home their personal spring garden planter at the end of the session!

#### **Painting Through Nature**

Help your student build their drawing and art skills. Give your child the chance to discover their talents. This unique Art class will help kids think about creating and noticing beauty in the natural world. Focusing on details, improving skills, and so much more!

# Photography – Telling Your Story without Words with Erik Jay

Erik Jay, author of The Great Peninsula, Coastal California The Wildlife and local professional photographer is offering a six-week, 90 minute per class opportunity to learn the aspects of photography that he has found to be the most effective. Condensed courses in landscape, portrait, angular, sunset, animal and 'street' style will be covered, giving the student methods on how to create standout photos. Students need a cell phone with camera, or camera itself, a fully charged battery, walking/trail shoes and the ability to get and from the weekly class location.

### Professor Egghead - Ancient Wonders Lego

Strap in, because this session the Egghead Engineering team is hopping in the time machine and going back in ancient history to build huge engineering marvels! Using LEGOs, students will build awesome ancient creations like aqueducts, huge dams, wells, and giant coliseums. Then, we'll test them with the crush test, the weight test, and all of our other tests to make sure they can stand up to the challenge! All Eggheads will get their Ancient Engineer ID card, authorizing them to design and build any ancient wonder they can think of. At the end of the session, they'll also get their official Ancient Engineer Degree - proving they're ready to build the toughest challenges!

### **Show Choir!**

Mr. Carmelo invites YOU to come join our wonderful show choir program! Break out into dance, sing your heart out, and perform with your friends! This class will cover a wide variety of songs from different genres from Pop, Rock N Roll, Hip Hop, and so much more! Show choir will not only help you develop your singing and dancing skills but also help you grow your confidence as an individual.

#### **Soccer Clinic**

Students will be taught the basics of soccer through a curriculum that is welcome to all skill levels. With twenty-five years of playing experience, Coach Nagano will help your child develop the skills they need to progress and have fun while doing it. The program will cover the following: dribbling, passing, controlling, skill moves, and finishing. Each session will end with a small-sided game so players can implement what they learned into a game-like environment. My goal is for your child to leave the program feeling more confident on and off the field. Equipment will be provided; cleats are highly recommended.

### **Supreme Strings**

The Supreme Strings class is for those who want to take their playing to the next level! Students will get a chance to work in small groups and/or as soloists to showcase their talents. In this class, Mr. Carmelo will help guide you with advanced

technique, proper practice habits, how to perform with confidence and expression, and so much more! For all string instruments.

### Welcome Spanish!

Learning Spanish has never been so much fun! Students will learn Spanish through interactive games, craft activities for every holiday, story time and songs. The Welcome Spanish! curriculum incorporates auditory, visual, and kinesthetic learning styles. Participating students will be introduced to or will reinforce their Spanish language skills by engaging in games such as Bingo, Simon says and other fun games. Children of all ages are welcome in the same class because no matter the age of the child what makes a difference is consistent practice and exposure to the new language the child is learning to help the child improve his/her skills and become more aware and proficient in the new language. Activities for learning are differentiated in the classroom based on age groups. New and returning students are welcome!

# **Yoga Meditation & Mindfulness**

Students will learn yoga poses and meditation in a fun and interactive way. Classes will incorporate books, music, games, and physical activities. Research has shown that yoga can improve focus, memory, self-esteem, academic performance, and classroom behavior, as well as reduce anxiety, stress, depression, and hyperactive behavior in children. By incorporating meditation into their daily routine, your child will have the opportunity to tap into this valuable skill at a moment's notice to help them find peace and quiet whenever they need it. Yoga is a fantastic tool to teach children about the world, nature, their mind, their emotions, and their bodies! Taught by Alisa Wright, MA in Education, veteran teacher of 23 years, RYT yoga instructor, and trained Sound Therapist.

#### **Youth Yoga Journey**

Get ready to stretch your body and your mind! In this class, students will explore mindfulness and yoga through movement and play. As we create unique stories, paint, dance and move, students will learn to channel their energy into action by using their breath and focus, with the help of their creative imaginations! In addition to the self, our course will focus on building mindful relationships to help students find joy in connecting to and creating with each other. In our time together, students will learn to find the stillness inside them and connect more deeply with their learning and how they feel. At the end of their journey, each student will take home the creative project they built during their yoga adventure! Taught by Julia Owens, Breathe for Change – Instructor.